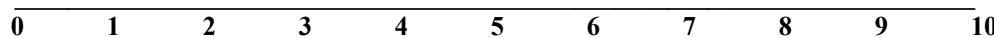


## Functional Rating Index (FRI) ~ Expanded

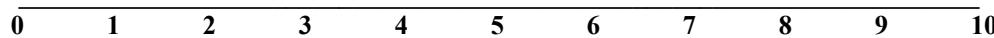
## Patient

Date:

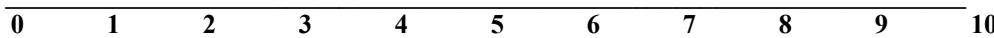
## 1. What level is your pain **RIGHT NOW?**



## **2. What is your TYPICAL or AVERAGE pain?**

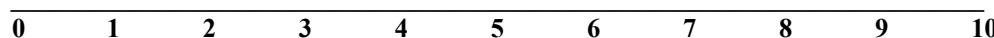


3. What is your pain level AT ITS WORST (How close to "10" does your pain get at its worst)? X



**What percentage of your awake hours is your pain at its worst? %**

4. What is your pain level AT ITS BEST (How close to "0" does your pain get at its best)? X



**What percentage of your awake hours is your pain at its best?**

	0. Perfect sleep	1. Mildly Disturbed Sleep	2. Moderately Disturbed Sleep
<b>1. Sleeping</b>	3. Greatly Disturbed Sleep	4. Totally Disturbed Sleep	
<b>2. Personal Care: Washing, Dressing, etc</b>	0. No pain No restriction	1. Mild Pain No restriction	2. Moderate Pain Go Slowly
	3. Moderate Pain Need Some Help	4. Severe Pain Needs Help	
<b>3. Traveling / Driving Riding</b>	0. No pain on long trips	1. Mild pains on long trip	2. Moderate pain on long trips
	3. Moderate pain on short trips	4. Severe pain on short trips	
<b>4. Work / Housework</b>	0. Can do usual work plus extra work	1. Can do usual work no extra	
	2. Can do 50% of usual work	3. Can do 25% usual work	4. Can not work

### **Which hobbies / recreational activities do you commonly participate in?**



**5. Recreation**

0. Can do all activities    1. Can do most activities    2. Can do some activities  
3. Can do few recreational activities    4. Can't do Recreational Activities

**6. Lifting**

- 0. No pain with heavy weight      1. increased pain with heavy weight
- 2. increased pain with moderate weight      3. increased pain with light weight
- 4. can't safely lift light weights

**7. Walking**

0. No pain with walking    1. increased pain at 1 mile    2. increased pain 1/2 mile  
3. increased pain @ 1/4 mile    4. All walking I increases pain

**8. Standing**

0. No pain after several hours      1. increased pain after several hours  
2. increased pain 1 hour    3. increased pain 1/2 hour    4. any standing increases pain

## Section One:

\* Section Two:

Initials: